



# Our Lady of the Angels School, Rouse Hill

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Newsletter  
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Term 3, Week 7

Dear Parents,

## **“Deserving Appreciation Daily”**

We are reminded this Sunday to stop and give thanks to God for the wonderful role that our Fathers or significant adults play in our lives. Dads are indeed special and **D**eserve **A**ppreciation **D**aily for the support they give to their families, the love and care and the modelling they pass on to the children. We ask God our Father to bless and watch over all fathers who together with mothers, strive to do the best for their children.

On behalf of all dads and their children, thanks to the amazing team effort in co-ordinating the gift stall so that dads could be treated with that special gift on Fathers’ Day, chosen by their most loved ones. Appreciation to all the parents who assisted in one way or another. Thank you to Kara Gergely-Hollai, Olivia Cameron, Marian Vickers, Alison Streater, Annamaria Farrugia, Monique Falzon, Donna Xuereb, Jeannette Desira, Alice Lesar, Rosalba Valensise, Kelly Cleary and Carmen Sanchez.

### ***A Blessing Prayer for Fathers***

*God our Father, as you have loved us into being,  
We ask that your blessing to be upon all fathers who offer to their children  
The love with which you have blessed them.  
May you continue to guide and strengthen these fathers and all men who offer wise  
guidance to others.  
Bless them with patience, good humour and understanding.  
May Jesus be their companion and the Holy Spirit provide constant inspiration. Amen*

Thank you for the positive feedback re, the first half of the article in last week’s newsletter on Praise Less, Encourage More. The following is the final part entitled Six Phrases to Use’.

### **Six Phrases to Use**

1. **“You do a good job of.....”**  
Encourage children when they least expect it. Even a comment about something seemingly small and insignificant can make a child feel good about him or herself.
2. **“You’ve improved in....”**  
Children will generally continue to try if they can see improvement in any activity they put their minds to. Sometimes they just don’t know they are getting better and they need someone to tell them.
3. **“I like you, but I don’t like your behaviour.”**  
Love the sinner, hate the sin is the principle here. When dealing with children, whose behaviour can test you, it is best to separate the deed from the dude, the act from the actor.
4. **“So you made a mistake. What can you learn from it?”**  
Don’t overreact when kids don’t get the perfect score or make mistakes. As any golfer knows, mistakes are part of learning.
5. **“You’d like me to think you can’t do it, but I know you can.”**  
Sometimes it’s hard to know whether to push a child or let them avoid a situation or activity. If in doubt, err on the side of challenging kids rather than letting them avoid an activity that will benefit them. Kids so often surprise themselves and exceed their own expectations, so they can benefit from a little nudge from their parents.
6. **“I’m sure you can do it. Don’t give up.”** Resilient kids learn that there is a link between success and effort, and they may not achieve straight away. Push your kids to hang in there when times get tough. Persistence is a great lesson for any child to learn. Think about how many of these you use already and which strategies you would like to find out more about. Effective parents do the basics well. Encouragement is a basic parenting skill that can have an enormous impact on kids and one that we can all learn more about.

*Thank you for your continued support. It is in partnership that we can achieve great things for our children.*  
Tony Calabria  
Principal

NEWSLETTER



Sunday 6th September  
 23rd Sunday in Ordinary Time  
 Gospel Reflection  
 Year A

[Mt 18:15-20](#)

**Gospel Reflection**

*It can be very difficult when we feel that someone has hurt us to actually go and speak to them about how we are feeling. It is so much easier to revel in our hurt or seek payback for the hurt. Sometimes we feel that we might ruin a friendship by speaking to our friend about a way in which they have hurt us. But a hurt that goes unaddressed will continue to hurt and will probably be repeated. This week's gospel reminds us of the need to challenge our friends when they hurt us but it also reminds us that when we have hurt others we need to be challenged about it and called to account for our actions. (LiturgyHelp.com.au, 28-8-2020)*



*Whenever we repent of our sins, God the Father embraces us in a swift movement of forgiveness*



**Faithful Friday on Facebook**

Each Friday OLA will have a special focus for prayer intentions. This week we pray for the special gifts and talents we are blessed with each day.

If you have any special prayer intentions, please email the office and we will offer these up through our prayers next week.

**What Makes a Dad?**

God took the strength of a mountain,  
 The majesty of a tree,  
 The warmth of a summer sun,  
 The calm of a quiet sea.  
 The generous soul of nature,  
 The comforting arm of night,  
 The wisdom of the ages,  
 The power of the eagle's flight.

The joy of a morning in spring,  
 The faith of a mustard seed,  
 The patience of eternity,  
 The depth of a family need.  
 Then God combined these qualities,  
 When there was nothing more to add,  
 He knew his masterpiece was complete,  
 And so,  
 He called it.....Dad. Amen



Happy birthday to members of our OLA Community who are celebrating their birthday this week.....

**Mon 7th Sept**

Leo Dabit  
 James Boje  
 Juliana Wassef

**Thurs 10th Sept**

Caleb Tan  
 Eva Millers  
 Ari Vilathgamuwa  
 Giuseppe Venezia  
 Calla Zhu

**Tues 8th Sept**

Sybella Arora  
 Mrs Frances Eisenhuth

**Sat 12th Sept**

Esther McDonald

**Wed 9th Sept**

Chayse Attard  
 Ireen Yoo

Jackson Navarro

Lily Trimboli

Mrs Rebecca Moulton

**Sun 13th Sept**

Zara Pisani  
 Isobel Clarke

**Confirmation**

This week Year 6 students have started preparing for the Sacrament of Confirmation. Please keep these students in your prayers.

**Family Week**

Once again, our Family Week has been a huge success. Parents have expressed appreciation at having time freed up to spend as a family during these 'precious' years whilst the children are young. Children have been sharing this term's 'Family Week' experiences, which have included cooking, building lego, bike riding, playing chess, painting with mum and walking the dog to mention a few.

**Photo Catch-up Day**

**This Monday 7th September**

For any students and families who missed having their photo taken on Monday, please note that the catch-up date is Monday 7th September. **If you are having your photo taken on Monday, please ensure you wear your full winter uniform.**

### **Building Child Safe Communities – Volunteer Undertaking**

A reminder to all parents that wish to volunteer at OLA that CEDP has launched a **NEW** Building Child Safe Communities form and online training module that all volunteers are required to complete.

The purpose of this training is to inform you of the standards of behaviour and other requirements that must be adhered to when volunteering for CEDP.

The undertaking should take no more than 5 minutes to complete and the training module approximately 10 minutes. Follow this link to complete:

<https://www.parra.catholic.edu.au/About-Us/Building-Child-Safe-Communities>

All volunteers need a BCSC status that is **Approved** to provide services to our school. You must provide your BCSC number to school prior to the **EVENT DATE**.

Thank you for all that you do in partnership with the teachers and staff to enhance your child's learning journey at OLA.

*On Wednesday, I had my hair cut and donated it to charities that will turn it into wigs for sick people. This is a great cause and I recommend it to anyone who is wanting to cut their long hair.*

*Congratulations Zoey, we are very proud of you.*



Congratulations to the following students who received an Archangel Award this week:-  
Amity Oxspring, Marcus Farrugia, Emily Lenane, Blaize MacDonald, Luka Vaughan, Addison del Rosario, Grace Wallis, Joshua Basile and Luca Mazza.

### **As the Weather Changes, Parents are able to Choose which Uniform their child may wear.**

The weather certainly is starting to warm up and we are enjoying some beautiful sunny days with increasing temperatures. Students, at the discretion of parents, may wear with winter or summer uniform for the remainder of Term 3. Whichever uniform is chosen to be worn on a particular day, it is important that the students wear the full uniform – summer or winter including their hat and appropriate shoes NOT a mixture of the two uniforms. All students will be required to wear their summer uniform from the commencement of Term 4.

### **Why is my Child's Teacher out of Class?**

Like professionals in other fields, all teachers are required to keep up to date with current thinking on best practices and new developments in areas such as technology. From time to time teachers are required to attend professional development opportunities to learn about changes to curriculum, new methods of teaching and learning and other ways of integrating technology. These sessions sometimes occur during the day, after school or in the school holidays. In the current environment these professional learning opportunities are still taking place via zoom. Teachers also have entitlements such as long service leave, maternity leave, family leave etc sick leave, bereavement leave, jury duty etc. Consequently, there will be times when your child's teacher is absent from the classroom. On these days the teacher's program and day-book is followed. Teachers on a grade work closely together allowing the grade partner to liaise with the relief teacher so that good teaching and learning continues, and routines are kept.

We thank you for your support in this matter.



[The proven benefits of reading with your child](#)

Parents who read aloud with children in a secure, safe and comfortable context motivate their children to read.

Parents' perceptions, values, attitudes, and expectations play an important role in influencing their children's attitudes toward reading, and subsequent literacy development. When children share a book with someone who makes them feel special, the attitude that reading is pleasurable is transferred to other reading encounters.

[Relationship building](#)

At the core of reading is a relationship and it is the bond between children and parents that is enhanced through reading together. It only takes ten minutes a day to build this relationship.

[Children's reading improves](#)

The research is conclusive: When parents successfully support their children's literacy learning from an early age, everyone benefits. When teachers and parents work together to support children's reading and academic success, learning outcomes for all children improve.



Source: PETA Parent Resource

Lisa Hurst  
Literacy Coordinator

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**Year 6 Canberra**

We were not able to go to Canberra this year so this week Canberra came to Year 6 instead! The teachers held a full day of fun learning activities to help us learn some of the ways our government works. We learnt about preferential voting, how ministers vote to pass or reject new laws (called bills) and went on a virtual tour of Parliament House. Thank you to our teachers for the great day and also Mr Calabria for our ice block treat!  
Year 6 Students.



Are you missing out?? Join our Facebook page.

Keep up to date with news from OLA  
See what is happening at OLA  
Visit our Facebook page

<https://www.facebook.com/OLARouseHill> Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'



This Thursday, 10<sup>th</sup> September, is RUOK Day. Why not ring a friend and make a difference in the life of someone else.



SURROUND  
yourself with  
PEOPLE  
who are  
ONLY GOING  
to lift  
YOU HIGHER.

## Values Matter at OLA

This week we are focussing on the value of **Respect**.

We all want to feel important, to be treated kindly, and to have our thoughts and feelings shared without negative comments. In a word, we want RESPECT. But how often do we stop to think about how we treat others? Do we exhibit respectful behaviour towards others?

Respect is one of the foundational pillars of all healthy relationships. Respect toward others comes from recognising the inherent worth of every person. It means being able to communicate your position in a kind and courteous manner and allowing others to have and express their own opinions and beliefs without fear of rejection, even if they are different from your own. Respect means caring about the feelings of others.

**This value includes the following characteristics:-**

How do you practise Respect?

Think about how you want to be treated, then treat others that way. Ask yourself, "How do I want others to treat my belongings or my right to privacy? How do I want others to talk and listen to me? How do I want others to treat me when we need to resolve conflicts?"

- Treating others the way you want to be treated, no matter how they treat you.
- Showing kindness and consideration
- Respecting yourself; liking yourself enough to be yourself
- Accepting others for who they are
- Showing high regard for authority, (School Rules) other people, self and country.
- Use good manners; speaking courteously to everyone, even if there is a conflict
- Be considerate of the feelings of others
- Deal peacefully with anger, insults and disagreements
- Treating property and the environment with care.

**The overall message:**

Showing regard for the worth of someone or something. It includes respect for self, respect for the rights and dignity of all persons, and respect for the environment that sustains all life.

## Theme for the Week "Respect"

Our theme this week focuses on the way we respect others and the relationships we form. Treating others as equals requires mutual respect and a true sense of accepting others regardless of their differences, be it physical, materialistic or intellectual. Our children are continually encouraged to respect others as they would themselves.

## Awards

Congratulations to the following students who have received awards this week:-

Term 3 Week 6		
Student	Academic Merit Award	St Francis Award
KB	Luca Galea	Adrian Farrugia
KG	Jacob Cabunag	Millyana Pelaez
KW	Max Krotofil	Evelyn McKee
Year 1 B	Tristan Cappello	Nevaeh Macquet-Maurel
Year 1 G	Jeanette Abboud	Jacinta Raad
Year 1 W	Eva-Grace Naim	Arlo Barry
Year 2 B	Hannah Burgess	Amelia Dalla
Year 2G	Harrison Spiteri	Bianca Krkac
Year 2W	Brayden Zhu	Antonio Dinos
Year 3 B	Luke Scanes	Maddison Kuea Villia
Year 3 G	Aaliyah Naidoo	Eli Nobleza
Year 3 W	Vincent Cappello	Ethan Dyke
Year 4 B	Ethan Tierney	Addison del Rosario
Year 4 G	Isaak Byle	Ethan Billyard
Year 4 W	Elijah Atkins	Hridaya Ghangurde
Year 5 B	Hugo Vozzo	Lachlan Heaney
Year 5G	James Conn	Maia Villanueva
Year 5W	Mihir Rajbhandari	Luke Smyth
Year 6 B	Emma Quijano	Amelia Bond
Year 6 G	Grace Vella	Lauren Caraos
Year 6 W	Acacia Sales	Celina Wassef

### Artist of the Week

In recent weeks, an exciting new initiative showcasing student achievement in Visual Arts has been unveiled. Each fortnight, artworks will be chosen from different classes across the school and placed on exhibition just outside the library. We look forward to sharing the incredible creative talents of our students. Congratulations to these children who have been chosen as this week's 'Artists of the Week'.

K Abhijna Sundaram

1 Marcus Wang

2 Esther Mcdonald

3 Kyra Heaney

4 Chelsea Strong

5 Matthew Kamber

6 Janiya Delacruz

Mrs Elaine Lombardi



## TECH TIP WEEK 7 – eSafety Week-6<sup>th</sup>-12<sup>th</sup> September

If you wish to learn more about how you can help your child develop the skills to be safer online, join any of the available webinars on offer through the eSafety website. Learn more about TikTok, Instagram, Snapchat and YouTube. These 1-hour webinars are suitable to parents and carers. The webinars will cover popular apps used by young people, case studies, research and targeted advice as well as where to find help and support.

Available **Dates**

- Tuesday 8 September 12:30 pm
- Wednesday 9 September 7:30 pm
- Thursday 10 September 12:30 pm
- Thursday 17 September 4:00 pm

To register, [click here](#) for access to the eSafety website.

# JERSEY DAY

