

Our Lady of the Angels School, Rouse Hill

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Newsletter
Vol. 2 No. 11

30th April, 2021
Term 2, Week 2

Dear Parents,

Mother's Day is Nearly here.....

Mother's Day Assembly – this coming Friday 7th May

We welcome all parents but particularly mothers to our special Mother's Day celebrations this coming Friday 7th May starting at 9.00am. This year we will be having a Mother's Day Prayer Liturgy and Assembly, under the COLA, followed by an outdoor learning activity with your child. (Unfortunately, due to current Covid regulations, having all the mums visit the classrooms would be above the per square metre rule).

We hope that you can enjoy us for this important event as we acknowledge mothers and those who may have taken the roll of mothers in our lives. An email with further details and logistics will be sent next week.

All Welcome



Why True Gratitude Improves Our Lives

Teaching our children to say 'thank you' is important, but truly instilling a sense of gratitude in them is another matter entirely. Gratitude goes beyond good manners – it is a mindset and a lifestyle. Studies show that children who count their blessings reap concrete benefits, including greater life satisfaction and a better attitude about school.

Why Is It Important to Cultivate an Attitude of Gratitude?

First of all, gratitude is healthy for us, adults and children alike. Cultivating gratitude increases happiness levels. Gratitude can also help individuals live happier, more satisfied lives and enjoy increased levels of self-esteem, hope, empathy and optimism. Children who practise grateful thinking have more positive attitudes towards school and family.

Gratitude gives perspective. When you take into account the sheer number of opportunities, privileges and materials possessions most children enjoy through no effort of their own, it's easy to see why many of them feel entitled. After all, they get used to getting stuff without knowing or caring where it comes from. Practising gratitude, on the other hand, underscores the fact that all those toys and creature comforts don't just pop out of thin air. When children recognise that the things they own and the opportunities they have come from someone other than themselves, it helps them develop a healthy understanding of how interdependent we all are. Then they may be more inclined to treat others with genuine respect.

Gratitude improves relationships. Would you rather be around people who freely acknowledge and appreciate your contributions, or people who take your efforts for granted with a perfunctory grunt of thanks? It's a simple principle: gratitude fosters stronger, more positive and more genuine relationships.

Gratitude counteracts the 'gimmes'. Fundamentally, gratitude is about being aware of who or what makes positive aspects of our lives possible and acknowledging that. When children learn to think in those terms, they can be less apt to make mindless, self-centred demands. Plus, they begin to appreciate what they have rather than focusing on what they wish they had.

Acknowledgement: Andrea Reiser

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

*Tony Calabria
Principal*

NEWSLETTER

Fifth Sunday of Easter (Year B) 2nd May 2021

[John 15:1-8](#)



Gospel Reflection

The vine is the lifeline for the branches. If branches are cut off from the vine, they die. Jesus is our lifeline and he often works through the people in our life.

Who do you know that acts as an emotional lifeline for you? Who gives you life and support and strength?

The Scriptures tell us that those who live in Jesus do good work and bear much fruit—apart from Jesus, we cannot do anything worth doing. Do you know people who clearly live in Jesus and are doing good work? What are they like? How do you know they are living in Jesus? What good work do they do? How can you be more like them?

Jesus says that if his words are living within us, whatever we ask for in prayer shall be granted. What does it mean to have Jesus' words living within us? If his words are truly living within us, then what would our prayer be like?

Living the Gospel

The vinedresser of this passage cuts away the dead branches and prunes back those that are not bearing fruit. In what way do we bear fruit? When we strive to reach our fullest potential in whatever we do, we bear fruit. When we act out of motivation for the other person rather than ourselves, we bear fruit. When we strive to bring about the reign of God in our small part of the world, we bear fruit. Sometimes we too need to have some of our thoughts and actions pruned so that we might better bear the fruit that we are truly capable of producing.

PARISH MASS: Each grade will attend mass on a particular day over each fortnight. Please join us as we return back to Mass. Please see below for timetable.

ODD WEEKS: Wednesday (Yr 4), Thursday (Yr 1) and Friday (Yr 3)

EVEN WEEKS: Thursday (Yr 2/ Yr 5) and Friday (Kindergarten/ Yr 6)

WHAT IS HAPPENING AT OLA IN RELIGIOUS EDUCATION IN TERM TWO

- May 7th (Friday) @ 9am- Mothers' Day celebrations
- Sacrament of First Holy Communion

Catechism

Lesson 3: Thursday, 6 May @ 6.30

Lesson 4: Thursday, 13 May @ 6.30

Lesson 5: Thursday, 20 May @ 6.30



First Holy Communion Rehearsal

Thursday 27 May Group 1

Thursday 3 June Group 2

First Holy Communion Mass

Saturday 29th and 5th June at 4:00 pm

Sunday 30th May and 6th June at 12:00 pm

Please keep in your prayers, students at OLA preparing to

Religious Education in the Classroom

Year 6: Learning Cycle 8

Why is it important to learn from history?

"For in one Spirit we were all baptised into one body"

1 Corinthian 12:13

Fr Omar visited Yr 6 this week. Below are some reflections

From the Yr 6 students about what they learnt:-



"During Father Omar's visit today he told us about the start of the Abrahamic religions." **Maia**

"We learnt that "church" is not just a building but means the congregation the faith and worship community" **Mia**

"Polytheism is when people believe in many gods and monotheism is the belief in one god." **Gabi**

Kindergarten: Learning Cycle Three: What is a Church?

We gather around Jesus and become Church

"The promise is for you" Acts 2:39

Kindergarten visited the church today and spoke with Fr Carlos.

We learnt that our church was built 6 years ago. (Archer)

I learnt that the table out the front is called the altar. (Noah)

My favourite statue is Jesus on the crucifix. (Frankie)

We kneel to show respect to Jesus. (Bianca)

I like looking at the roof and windows when I visit the church. (Nash)





Happy birthday to members of our OLA Community who are celebrating their birthday this coming week....

Mon 3rd May

Zara Buchanan
Ethan Zachariah

Thurs 6th May

Jack Lenane

Tues 4th May

Owen Millers

Fri 7th May

Indii Blye

Wed 5th May

Miss Kimberley Marchant

Dates for Whole School Assemblies

We are excited to advise that we will be holding whole school assemblies during each term where a grade will be presenting an 'item'. The dates for Term 2 whole school assemblies are:-

Friday 21st May (Week 5) – Presented by Year 4

Friday 4th June (Week 7) – Presented by Year 1

Friday 18th June (Week 9) – Presented by Year 3

All Welcome

These assemblies will commence at 2.30pm sharp. As you are aware this is also the end of the day for Santa Sophia and so the carpark will be overflowing. We suggest that parents who wish to attend our whole school assemblies, please park across the road at the oval and walk across. We thank you for your assistance in this matter.

Year 6 Debating

Year 6 are excited to begin our Debating competition next week.

Our 2021 Debating Team includes: Georgia Dolahenty, Cameron Muscat, Ekamveer Hundal, Javin Chugh, Ilesha Gunasekara, Ethan Streater, Sophia Iori, Cassandra Higham, Grace Labbad, Olivia Cutajar, Isabella Smith, Leona Siason, Jelena Tolentino, Matthew Kamber and Gabriella Ponturo.

This Tuesday we will be debating against Mary Immaculate from Quakers Hill on the topic "That TV is better than books". We are the affirmative team. We know this will be a challenging side to take but we look forward to testing our arguments.

Thank you to Mrs Godden who answered our call for adjudicating and mentoring with debating. Your time and generosity of self is very much appreciated.

Dates to Remember

Week 3

- Tues 4th May** Diocesan Cross Country
- Wed 5th May** Mother's Day Stall
- Thurs 6th May** Presentation of Mini Franciscan Badges 9.00am
- Fri 7th May** Mother's Day Assembly 9.00am
All Welcome
School Photos – Makeup Day

Week 4:

- Mon 10th May** Winter uniform to be worn
- Naplan week for Yrs 3 & 5 begins
- Wed 12th May** P&F Meeting 7pm **All Welcome**

Week 5:

- Fri 21st May** Whole School Assembly 2.30pm
All Welcome
- Term 2 Staff Development Day – Friday 11th June**

Apple Watch or Similar

Please be aware that if your child has an Apple watch or similar to tell the time, we ask that you **DO NOT** text them or ask them to text you during class learning/school time.



All messages should be forwarded through the office by either telephone or email.

Thank you for your support in this matter.

P&F Meeting – Wednesday 12th May

The P&F Meeting will be held at school on Wednesday 12th May, (Week 4) at 7.00pm. **All Welcome.**

Come along to hear the P&F Report, Principal's Report and participate in General Business.

Diocesan Cross Country

Congratulations to our OLA cross country team who will compete this Tuesday at the Parramatta Diocesan Cross Country Championships at Eastern Creek. We are all very proud of our 42 children who have made it through to this level. It is the OLA spirit that shines through on a day like this. Keep an eye on next week's newsletter for a Cross Country wrap-up and results.

Book Covering

We have plenty of new library books and readers that need to be covered. If you can assist us with book covering at home, can you please let us know. We will be provide you with the contact.

Literacy News

Premier's Reading Challenge (PRC) aims to encourage a love of **reading** for leisure and pleasure in students, and enables students to experience quality literature. The **challenge** encourages students to **read**, to **read** more and **read** more widely. *At OLA we would love 100% of our students to participate in this year's challenge.*



Further information can be found on the [PRC website](#).

If your child has participated before, please use the same login. Please contact Mrs Hunt or Mrs Wagner if you need help with your child's login.

Congratulations to the following students for completing the **Premier's Reading Challenge**.

Gabrielle Acluba KG, Leonardo Borgiani KG, Caleb Tan 2G, Emily Gomes 3W & Luka Vaughan 5B

Come on OLA! We can do it!

WriteOn Competition

Write On is an annual **writing competition** open to all NSW primary students in Years 1 to 6. It is designed to encourage students to develop their imaginative writing skills, and supports the teaching of writing. The competition aligns with the learning objectives in the NSW [English K-10 Syllabus](#). The WriteOn 2021 writing competition closes in Week 10, Term 2 (25th June).

Students compose an imaginative text of up to 500 words using the image as the stimulus. Schools submit **one** typed entry from each participating Stage using the [online entry form](#). Refer to the [notes from WriteOn 2020](#) to see comments from the judges.

Imaginative pieces may include:

- narratives
- letters
- poems
- scripts for radio, screen and stage
- interviews
- journal entries.

Schools submit their best entry from each stage.

The entries are judged by a panel of experienced primary teachers from each sector.

For more information, please visit the NESA site.

<https://educationstandards.nsw.edu.au/wps/portal/nesa/about/events/writeon-competition>

To participate in the competition, students compose an imaginative text of up to 500 words in length using the image below as a stimulus.



Lisa Hurst, Literacy Co-ordinator

Winter Uniform

The students can wear either their full winter uniform or summer uniform up until Monday 10th May as we are aware that parents have not had an opportunity to purchase uniforms.

A reminder that students are to wear their school jumper with their uniform. Sport zip jackets are only to be worn on sports days and the bomber jacket is NOT to be worn in place of the jumper.

If you require any uniform items, please complete the uniform order form and email it to school. Once the order has been processed, we will let you know that it is ready for collection from the office. If you have any queries at all, please do not hesitate to contact Mrs Goldsworthy.

Kinder Enrolments 2022

Our enrolment process for Kindergarten enrolments for 2022 has well and truly begun. To date, including siblings, over 100 enrolment packages have been returned. This is a true testimony and affirmation of the wonderful OLA community, the high standard of quality Catholic Education we provide and the outstanding educators and staff present. Our school certainly has a great reputation, thanks to all of you. You, as parents, are our best ambassadors and we hope you are as proud of OLA as we are.

When prospective enrolment families for 2022 visited OLA in Term 1 for a school tour and information session, they stated how impressed they were and are certainly looking forward to their young ones starting in 2022



LEST WE FORGET



Thank you to Year 6 for presenting our ANZAC DAY Prayer Assembly



Morning Drop Off

We kindly ask that parents do not leave their cars to help their children out during the morning drop off. If your child needs assistance etc it is always best to park and walk them to the gate. For safety, no child should ever exit the car on the driver's side. If baby capsules are in the way, then once again it would be best to park first or alternatively practise climbing over the seats etc. My thanks for your co-operation in helping our drive through flow smoothly and quickly in the morning.



National Assessment Program Literacy and Numeracy 2021 (NAPLAN)

In May 2021, the National Assessment Program – Literacy and Numeracy (NAPLAN) WILL BE COMPLETED BY ALL STUDENTS IN Years 3,5,7 and 9 in all government and non-government schools. NAPLAN assesses the literacy and numeracy learning of students in all Australian schools. The assessments will be conducted across Australia for all students next week from 10th May – 14th May, in the morning sessions.

Tuesday	Wednesday	Thursday	Friday
11/5/21	12/5/21	13/5/21	14/5/21
Writing	Reading	Language	Numeracy

Mother's Day Stall – Wednesday 5th May.

The Mother's Day Stall will be held this coming Wednesday. This is an opportunity for the children to select a small gift for their mother, grandmother or for a significant female in their lives. All gifts are \$5.00 and must be pre-ordered.

Orders were due today. If you have not returned your note and would like your child to purchase a gift, please ensure your order is returned on Monday morning.

We kindly ask that each child brings in a bag for their gift.

We are excited to have parents back attending various school events. As a rule of thumb, we ask that you keep an eye in the newsletter for upcoming events that are tagged as 'All Welcome'. This will help clarify for parents which events they may wish attend.



IMPORTANT NOTICE
Facebook/Messenger

*Please note: There are **NO** official grade Facebook pages. These pages are not to have a school crest/logo etc., as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. **Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.***

Returning Notes & Permission Slips

For those families who are new to the school or those who may be unaware of our procedures:-

Each morning teachers will ask the children in their class if they have any notes or money. Teachers will keep any information they require and will send any other notes or money to the office via the class notebook (please ensure envelopes containing money are tightly secured and labelled). This system allows the office to receive notes and money efficiently. It also helps the children develop responsibility for passing on information.

Are you missing out?? Join our Facebook page.

Take a look and see the amazing learning and happenings at OLA

<https://www.facebook.com/OLARouseHill> Or Click on the facebook f in the top corner of our school website
Be sure to 'like us'

Mini-Franciscans

The students involved in the Mini-Franciscans group are part of the Our Lady of the Angels community outreach and social justice initiative. The group consists of Year Five and Six students who meet each week to engage in various activities to support Catholic Mission. Some of the initiatives they are involved in and help organise include: Fundraising Events, Project Compassion, Social Issues, Community Events and Religious ceremonies. Next Thursday, 6th May these children will be presented with their badges at a 9:00am assembly. Parents of these new members are warmly invited to attend this event.

Mrs Zivic & Mrs Arayon

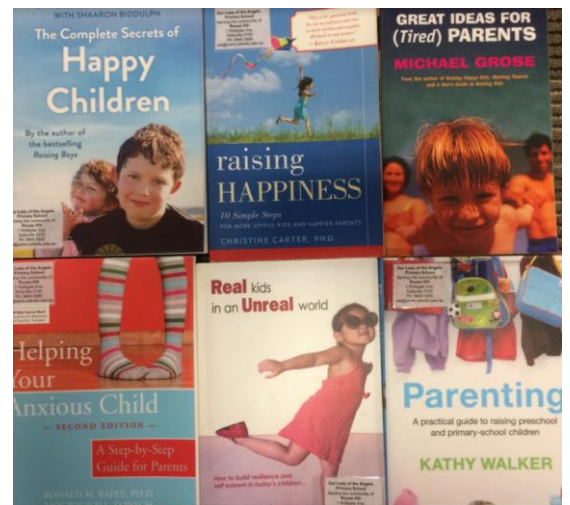
Dear Parents

OLA has a collection of fantastic books available for parents to borrow. Parents may borrow up to 2 books per time. We ask that books are returned after a 2-week period. These books contain helpful tips and strategies as well as relevant information related to many aspects of Parenting. Attached below is a list of these books.

If you are interested in borrowing any of these books, please email the office and we will arrange for the book to be sent home with your child or collected from the office.

Parent Library

Title	Author
Parenting for Peace	Marcy Axness, PHD
Raising Boys	Steve Biddulph
Raising Girls	Steve Biddulph
The complete secrets of Happy Children	Steve Biddulph
Raising Happiness	Christine Carter
Building Children's Resilience	Maggie Dent
Nurturing Kids hearts and souls	Maggie Dent
Real Kids in an Unreal World	Maggie Dent
Saving our Children from our chaotic world	Maggie Dent
Positive Parenting	Rebecca Eanes
How to Talk So Kids will Listen	Adele Faber
Happy Kids	Cathy Glass
Parent Effectiveness Training	Dr Thomas Gordon
Great Ideas for (Tired) Parents	Michael Grose
The Reading Bug	Paul Jennings
The Out-of-Sync Child	Carol Stock Kranowitz
The Out-of-Sync Child has Fun	Carol Stock Kranowitz
He'll be Ok	Celia Lashlie
A Handbook for Happy Families	Dr John Irvine
Peaceful Parent, Happy Kids	Dr Laura Markham
Raising Girls	Gisela Preuschoff
Mindful Parenting	Kristen Race, PHD
Helping your Anxious Child	Ronald M Rapee, PHD....
All you need is Love	Shelja Sen
Parenting	Kathy Walker
Ready, Set, Go?	Kathy Walker
What's the hurry?	Kathy Walker
Anxious Kids Anxious Parents	Reid Wilson PHD Lynn Lyons
Getting your child from No to Yes	Jerry Wyckoff Barbara C. Unell



Wallet Found

A Rip Curl Wallet was found out on the road earlier this week. Please see the office if this is yours.

Student Awards

Congratulations to the following students who received their awards today.

Term 2 Week 2		
Student	Academic Merit Award	St Francis Award
KB	Cooper Charlton	Chloe Cruz
KG	Sirine AlLati	Sierra Macquet-Maurel
KW	Alessio Albertini	Chloe Cambourn
Year 1 B	Victoria Zakharova	Emma Marsden
Year 1 G	Connor Chatterton	Mila Annamalay-Sanchez
Year 1 W	Jack Lenane	Samuel Meighan
Year 2 B	Cooper Foley	Avery Grace
Year 2G	Kiaan Rawal	Audrey Summerhays
Year 2W	Lucas Rapa	Neveah Macquet-Maurel
Year 3 B	Alexander Gobran	Lucas Dobaj
Year 3 G	Alessia Cocta	Emily Prnjak
Year 3 W	Flynn Richardson	Daniella Spiteri
Year 4 B	Luke Scanes	Erica Sommer
Year 4 G	Ava-Belle Chong	Juliana Wassef
Year 4 W	Phoenix Rich	Olivia Medjumrad
Year 5 B	Zoe Wang	Thomas Weldon
Year 5G	Addison Galvin	Abbey Buxton
Year 5W	Johann Gonzales	Chloe Carey
Year 6 B	Olivia Ross	Maddix Laborte
Year 6 G	Willow Johnston	Ethan Streater
Year 6 W	Sophia Iori	Lucious Cappello

Reflection

A kind word or acknowledgement goes a long way in lifting a person's spirit.

*Drop a pebble in the water, just a splash and it's gone,
But there's half a hundred ripples circling on and on and on.
Spreading, spreading from the centre, flowing on out to the sea,*

And there is no way of telling where the end is going to be.

*Drop a careless, unkind word, and in a minute it is gone;
But there's half a hundred ripples circling on and on and on.
They keep spreading, spreading, spreading, from the centre
as they go and there is no way to stop them,*

Once you've started them to flow.

Drop a word of cheer and kindness; just a flash and it is gone;

But there's half a hundred ripples circling on and on and on.

*Bearing hope and joy and comfort on each splashing,
dashing wave,*

'til you wouldn't believe the volume of one kind word you gave.



Withdrawal from School - It is part of the CEDP Policy that a term's notice in writing must be given to the school before the removal of a student or a full term's fees will be payable. Please see the Notice of Withdrawal Form on our website or available from our office. Please give as much notice as possible to avoid being charged.

School Photos – Makeup Day Friday 7th May 2021.

If your child was not at school for their photo on the Friday of Week 1, the makeup day is this coming Friday 7th May. Please ensure that your child wears their summer uniform on this day if they need their photo taken.



OLA Babies....

Congratulations to the following families on the new additions to their family:-

The Niezabitowski Family (Isaac KG) on the birth of baby Levi

The Cameron Family (Cooper 1B) on the birth of baby Lachlan

The Pelaez Family (Penny KG) on the birth of baby Max.

We look forward to meeting and welcoming these new little bubs to OLA.

Please keep in your prayers the Naim family (Charlotte, Eva & Lily) on the passing of their grandfather into eternal life.