



Our Lady of the Angels School, Rouse Hill

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Newsletter
Vol. 2 No. 35

5th November, 2021
Term 4, Week 5

NEWSLETTER

Dear Parents

Our Beautiful Children

Our first priority at Our Lady of the Angels is our children. We aim to develop each child according to their ability. We strive to develop the whole child, that is to develop each child spiritually, emotionally, socially, physically, and academically. For our school to do its job effectively, the ongoing interest and involvement of parents is vital. Teachers and parents working as partners means common goals can be established and developed more effectively and efficiently. It is important that the children see teachers and parents supporting each other. Working together assists the children's development and learning in so many ways.

A happy, supportive, and harmonious link between teachers and parents with realistic common goals creates a unified approach. When a child perceives a breakdown in communication of this vital link, a child experiences conflict and may play one off against the other. We are very fortunate at OLA to have supportive and caring parents, not only supportive in developing fantastic community spirit, raising funds, but more importantly loyal and supportive in helping and assisting their children's learning. This has been particularly evident during COVID.

Sometimes with today's busy and hectic lifestyles it is easy to leave school to the teachers but when we reflect on the points below it is well worth remembering that the link between teachers and parents is paramount in our children's education.

- ❖ A child's performance is strongly influenced by his or her parents' attitude to the school.
- ❖ Achievement levels tend to rise when parents are seen to be interested and involved in their child's schooling.
- ❖ Parents have many ideas and skills that can be very useful to their school community.

The Gospel from Mt 5:1-12 "The Beatitudes" is a simple but powerful and reflective prayer that Jesus shared with us and it also shows what it means to have a **'Beaut Attitude'** in the busyness of life, our interactions and relationship with those we meet and our own disposition.

Take a moment to read The Beatitudes and consider looking at it through the lens of having a **'Beaut Attitude'**.

The Beatitudes

BLESSED ARE THE POOR IN SPIRIT,
FOR THEIRS IS THE KINGDOM OF HEAVEN.

BLESSED ARE THOSE WHO MOURN,
FOR THEY WILL BE COMFORTED.

BLESSED ARE THE MEEK,
FOR THEY WILL INHERIT THE EARTH.

BLESSED ARE THOSE WHO HUNGER AND THIRST FOR
RIGHTEOUSNESS,

FOR THEY WILL BE FILLED.

BLESSED ARE THE MERCIFUL,
FOR THEY WILL BE SHOWN MERCY.

BLESSED ARE THE PURE IN HEART,
FOR THEY WILL SEE GOD.

BLESSED ARE THE PEACEMAKERS,
FOR THEY WILL BE CALLED CHILDREN OF GOD.

BLESSED ARE THOSE WHO ARE PERSECUTED
BECAUSE OF RIGHTEOUSNESS,

FOR THEIRS IS THE KINGDOM OF HEAVEN.

matthew five: three - ten

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal

Thirty Second Sunday in Ordinary Time (Year B) Sunday 7th November 2021
Gospel Reflection (Mark 12:38-44)



Centuries ago a widow was a very helpless person. In those days men controlled the family wealth and property, and women received any status they had from the men who were their husbands. Bad luck was a sign of sinfulness, so when a woman was widowed, she had no one to take care of her, and society looked down on her. Yet in both the first reading and the Gospel, we are asked to imitate the faithful actions of a widow.

Jesus often asks us to look at the outcasts of society in order to imitate their ways. What are some characteristics of today's social outcasts that we need to imitate? How would imitating them make the world a better place?

Jesus often asks us to see through the hypocrisy of the wealthy. They appear proud and important, but many of their personal habits are not what we want to imitate. What are some characteristics of today's rich and famous that we wouldn't want to imitate? What kind of lifestyles do some well known athletes, rock stars and actors lead? What would Jesus say about these people?

On most teenagers' bedroom walls and locker doors, you will find posters of whom? What characteristics of these people are admired by teenagers? Why? What would Jesus say about the choices made by most teenagers? What do you say about them? How are you prepared to respond to this situation?

Do you ever contribute money or time to a cause you believe in? If not, why not? If so, what do you do? How has it affected your life? How has it made the world a better place for anyone?

Some people think, 'I'm only one person so I can't really help.' What response could you give to that excuse? What would Jesus say about that?

Remembrance Day (11-11-2021)

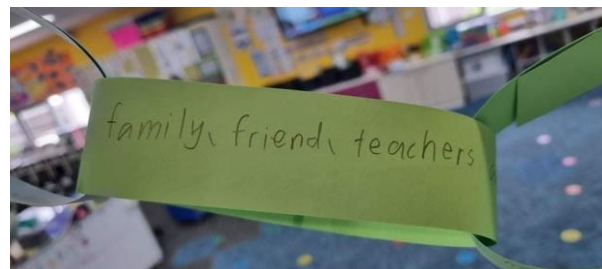
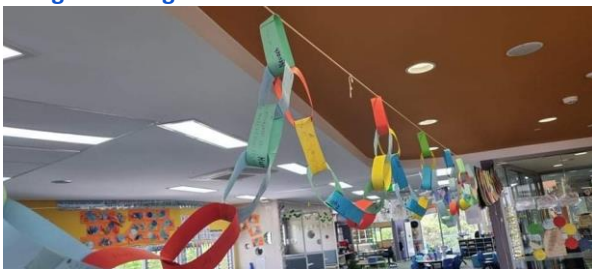
Remembrance Day falls on the 11th of November each year. On the 11th hour on the 11th day of the 11th month, a minutes' silence is observed and dedicated to those soldiers who died fighting to protect the nation. ... Today the loss of Australian lives from all wars and conflicts is commemorated on Remembrance Day. We will hold a short reflection prayer with the children next Thursday.



Remembrance Day Prayer

Dear Lord,
We remember those whom you have gathered from the storm of war
Into the peace of presence;
May that same peace calm our fears,
Bring justice to all peoples and establish harmony among the nations,
Through Jesus Christ our Lord. **Amen**

Things we are grateful for . . .



Year Two

We kindly ask:-

- Parents to follow social distancing measures while waiting for the afternoon dismissal of the children, ie. Not congregating at the school gates. The preferred option is drive through or, much easier, park at the oval, walk up and arrive at the exact pick up time and leave promptly. Kindergarten will be dismissed at 3:00pm as per usual. The siblings of children in Kindergarten will also be dismissed at 3:00pm
- If using the drive through, please display your family's name on the driver's side visor using the laminated name provided to you (If you require another printed name, please email the office.) This assists us greatly when calling the children forward so that our drive through service runs smoothly.

START OF SCHOOL DATES FOR 2022

Week 1 Fri 28th January Staff Return & MAI Assessments Yrs 1 – 6 (pre-booked)

Week 2 Mon 31st January MAI Assessments Yrs 1 – 6 (pre-booked)

Tues 1st February Yrs 1 – 6 First Day of School

31/1 – 2/2/22

Kindy 2022 Assessments

(One 90min session on any of these days) (pre-booked)

Thurs 3rd February Kindergarten First Day of school

Last School Day of Term 1 for students

Thursday 7th April

Staff Development Pupil Free Day

Friday 8th April

Easter Sunday

17th April

Competitor Swimming Carnival (Students Only)

We have received information from CEDP that schools can proceed with organising a Swimming event. This event needs to comply with Covid guidelines established by the NSW Department of Education and CEDP.

Given the many challenges still present, we will be holding a Swimming Carnival for **competitive swimmers only** on Tuesday 7th December (Week 10) at Oasis Aquatic & Leisure Centre, South Windsor for students in Years 2 – 5, plus students who turn 8 in 2022 from Year 1. **This Competitor Carnival is only for students who are competent in swimming 50m and wish to be considered for Zone representation.** The Zone Carnival will be held in February 2022.

Early next week an email will be sent home to parents of students in Years 1 – 5 with the Google Form link attached. This will also include transport arrangement and parent attendance regulations. **If you wish for your child to compete, please complete the link.**

Reports

As forecast recent school newsletters, the End of Year Semester 2 reports will have a different focus from previous years. This is due to the extended period of remote learning and minimal time back at school.

As you can appreciate, the majority of learning for Semester 2 was undertaken remotely. The reality has been that students engaged in this learning at a variety of levels and more importantly with a variety of support and guidance from parents. It has been extremely difficult to ascertain what each child has been able to achieve independently, as work being submitted in remote learning may have had multiple drafts and varying levels of parental support.

Although students are able to undertake assessments since being back at school, reports need to be written, checked and finalised within a certain timeframe to be ready for distribution.

The Department of Education has granted permission for all schools to modify their reports due to Covid and that an A-E achievement level is not required. A large number of Catholic Primary Schools in the Hills cluster have liaised and designed a modified report that focuses on:-

- Outlining the learning areas that were focused on.
- Indicating a level of engagement during the 13 weeks of online learning.
- A teacher comment in Literacy.
- A teacher comment in Numeracy.
- A general comment.
- Attendance data.

Thank you for your support and understanding. The regular A-E report will return in Semester 1 2022.

KINDERGARTEN 2022 STUDENTS TRANSITION PROGRAM ORIENTATION SESSIONS

Friday 12th November - Students with surname **A-D and E-L** 9.00am – 10.30am
Students with surname **M-R and S-Z** 11.45am – 1.15pm

Thursday 18th November- Students with surname **A-D and M-R** 9.00am – 10.30am
Students with surname **E-L and S-Z** 11.45am – 1.15pm

Wednesday 24th November All Students 9.00am – 12.00noon
(Children will need to bring recess, a drink and hat)

Please inform the school if your child is unable to attend any of their sessions.

Literacy News

READ.....READ.....READ READ TO SUCCEED!



Reading sparks our imagination and creativity and is also a great way for students to continue learning outside of the classroom.

Students can read anything they like to enter the challenge, whether it's a comic, play, a piece of poetry, book, e-book or animated novel. Students can access e-books from our student e-book platforms [SORA](#) or [Wheelers](#).

Taking part in the Executive Director's Summer Reading Challenge is easy! Students just need to read something they enjoy and write in 50 words or less why they loved it. The more a student reads, the more times they can enter the reading challenge and the more chances they have of winning one of two \$500 JB Hi-Fi vouchers or one of 30 runner-up gift vouchers to the value of \$30. Students can enter [online](#) by visiting the CEDP website.

Entries open on 1 November 2021 and close at 5:00pm on 25 February 2022. Terms and Conditions can be found [here](#). The Student Reading Ambassadors for the challenge will continue this year. The role of the Student Reading Ambassador is to creatively encourage their peers to participate and enter the competition. Schools are then invited to nominate one outstanding Student Reading Ambassador for one of 10 prizes (each prize is a \$30 gift voucher).

Are you Still Regularly Late?

School begins at 8.50am sharp. Thank you to the parents who ensure their children are at school on time. Students who are late miss important announcements and, more significantly, vital learning in the classroom. Additionally, late children disturb the learning of others and are very self-conscious of entering after everyone else. Surprisingly, the children blame mum or dad not being ready whilst mum or dad tend to say it's the children.

We have been having a little bit of a grace period as traffic settles however from Monday if your child is arriving at school after 8.50am, you are required to accompany them to the office to be signed in.

Support Services for Students and Parents

As part of the pastoral care program provided by the Catholic Education Diocese of Parramatta, counselling is available for students and their parents, if required. Our Counsellor, Mrs Lynne Wainwright works with children who may require support, coping and managing due to some of life's challenges, including loss of a loved one, divorce, dealing with friendships, behaviour (home and/or school), anxiety, depression, anger etc. The need for student counselling can be discussed with Mr Calabria, Mr Cauchi or your child's class teacher.

EXECUTIVE DIRECTOR'S

Summer
READING
Challenge

WIN A \$500 GIFT VOUCHER!

Read as many books as you can, tell us why you love them, and you could win one of two \$500 JB Hi-Fi vouchers or one of thirty gift vouchers valued at \$30 each.

THE MORE BOOKS YOU READ, THE MORE CHANCES YOU HAVE TO WIN.

Enter online
www.parra.catholic.edu.au

CATHOLIC EDUCATION
DIOCESE OF PARRAMATTA

Competition opens on 1 November 2021 and closes at 5pm on 25 February 2022. Terms and Conditions apply.

Do you know what your children are watching?

Please find below a link to an interesting article from the eSafety Commissioner regarding what children may be watching without parents really knowing the content or impact!

<https://www.esafety.gov.au/about-us/blog/squid-game-shows-need-check-what-your-child-watching>



Remembrance Day

11th Day of the 11th Month at the 11th Hour

We will celebrate Remembrance Day on Monday 11th November. We keep in our thoughts and prayers on this day all those who died at war in the name of peace. We will pause and reflect in the 11th hour with a short prayer ceremony.

Student Leaders for 2022

Year 5 parents received an email on Tuesday, 2nd November outlining the process for the selection of School Captains, Vice Captains and Sports Captains for 2022. We have an outstanding group of young men and women who will all be leaders next year as our Senior Students.

2022 school travel applications are now open

Please see the information attached to this newsletter for school bus travel for 2022. Please apply or re-apply for your child's opal card now to ensure that you have a valid card for next year.

Congratulations to Mrs Leanne Vella who has been appointed as Acting Co-ordinator for the next three weeks while Mrs Hurst is on leave.

Are you missing out?? Join our Facebook page.

Take a look and see the amazing learning and happenings at OLA

<https://www.facebook.com/OLARouseHill> Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'



Happy birthday to members of our OLA Community who will be celebrating their birthday this coming week...

Sun 7th Nov
Kaley Chown
Audrey Vezosa

Mon 8th Nov
Brayden Zhu

Tues 9th Nov
Ana Vrljic

Wed 10th Nov
Zara Farias
Addison Galvin
Nadia Mileto

Thurs 11th Nov
Oliver Jagar
Leonardo Fresta
Noah Phillips
Aaliya Naidoo

Fri 12th Nov
Dexter Wijaya

Sat 13th Nov
Jordan Nobleza

Second-Hand Uniform

The P&F are anticipating having a second-hand uniform sale towards the end of November. If you have any uniform at home that you would like to donate, please send clean and saleable items through to the office.

Birthday Treats – Reminder

We kindly ask that you refrain from sending any birthday treats of any kind, edible or not, in during this COVID 19 period. This is to ensure that children are only eating food that is supplied and/or prepared by you at home.

At this current time, we also kindly ask that you do not send in non-edible items as birthday treats, eg. pencils etc. due to COVID 19 as it is always unknown as to who has handled the items from manufacturer to classroom. This restriction is aimed solely at doing everything we can to ensure the safety of your child.



LOST PROPERTY PLEASE LABEL, LABEL, LABEL...

We have an extraordinary amount of clothing in the lost property tub, many of which are not labelled, or the writing is now illegible. We have gone through the tub today and sent home everything that we can.

If your child has lost a jumper/jacket, please ask them to check the tub next week and take it if it has no name on it and it is the correct size. All unclaimed items will soon be sent to the P&F to go in their next sale.





By the same token, if your child brings something home accidentally with the wrong name on it, please return it to school so that it can be given to the correct child.

We Can Bounce Back

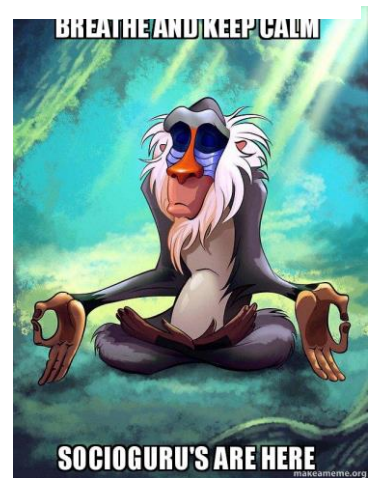
Acknowledging that we all experience different emotions and naming them is an important element of being able to 'Bounce Back' from situations that did not go the way that we wanted or expected. Developing strategies to help ourselves is vital in developing resilience. This week students discussed a variety of strategies including:

- Take 10 deep breaths
- Go for a walk
- Have a drink of water
- Draw
- Visualise a peaceful place
- Talk to an adult
- Write in a journal
- Do a puzzle
- Paint
- Listen to music
- Dance
- Meditation
- Stretch exercise
- Use a weighted blanket
- Go outside
- Jump on the trampoline
- Give someone a hug
- Build with lego
- Take a bath

ZONES OF REGULATION!

Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Happy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space

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We ask that you continue this conversation at home to identify the strategies that work best for your child/ren. You may like to discuss the strategies that can be used at home and the different strategies that can be used at school.

Breathing in through the nose for three seconds and then breathing out through the mouth slowly for 10 seconds is a beneficial strategy to help someone calm down. Perhaps you could ask your child/ren to show you the 'Calm Breathing' technique.

You may like to watch this catchy music clip together. [The Playground Craze - BounceBack Video on Youtube.](#)

Congratulations to the following students who received Awards this week...

Term 4 Week 5		
Student	Academic Merit Award	St Francis Award
KB	Noah Hartz	Sofia Barbara
KG	Isaac Niezabitowski	Gabby Acluba
KW	Arianna Mangano	Madeleine Bonavita
Year 1 B	Emma Marsden	Chayse Attard
Year 1 G	Elena Valensise	Alexander Newman
Year 1 W	Millyana Pelaez	Jasmine Lau
Year 2 B	Emma Alin	Parker Conliffe
Year 2G	Jordan Mabhena	Rey Gupta
Year 2W	Olivia Falzon	Jenessa DeLaCruz
Year 3 B	Ilaria Buda	Lucas Dobaj
Year 3 G	Dexter Wijaya	Jasmine Fedele
Year 3 W	Flynn Coughlan	Vienna Gergely-Hollai
Year 4 B	Zara Buchanan	Noah Baba
Year 4 G	Andre Mandarano	Zach Dixon
Year 4 W	Charlise Mitrovich	Mirelle Ferdinands
Year 5 B	Georgia Sourial	Declan Leach
Year 5G	Abbey Buxton	Lexie Terzo
Year 5W	Evie Vargas	Sienna Flores
Year 6 B	Mya Bassili	Olivia Ross
Year 6 G	Ethan Streater	Alysha Balangon
Year 6 W	Lachlan Heaney	Lucas Cleland

